

April 28,2026

Good morning I.S.201! This is Riley from class 731, here with you this Thoughtful Thursday on behalf of the S.E.A.L. Team.

Honesty means telling the truth, even when it's not easy. It's about being real, taking responsibility, and doing the right thing even when no one is watching. Being honest helps build trust with your friends, your teachers, and your family and trust is something that takes time to earn but can be lost quickly.

In school, honesty can look like doing your own work, admitting when you made a mistake, giving credit to others, and being truthful in your words and actions. It might feel uncomfortable in the moment, but in the long run, honesty always leads to respect and stronger relationships.

So today, challenge yourself to choose honesty in every situation. Whether it's something big or small, your choices matter. Let's work together to create a school environment where everyone feels respected, trusted, and safe.

The affirmation of the day is, "I carry Leonardo da Vinci's spirit by creating and discovering."

Thanks for listening and have a Truthful Thursday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

