Good morning, I.S. 201! My name is Venice from class 851, and I'm here on behalf of the SEAL Team for this Thoughtful Thursday. Today is Hero or Heroine Day, a special day to honor and appreciate the bravest people in our lives.

Heroes don't need superpowers or capes—they're the people who inspire us, protect us, and support us no matter what. Your hero could be anyone: a parent, a sibling, a friend, a teacher, or even someone in your community like a police officer or firefighter. It could even be someone who's always there to cheer you up when you're feeling down or someone who works hard to make sure you're safe.

Today, take a moment to say "thank you" to your hero or let them know how much they mean to you. A little appreciation can go a long way!

As Christopher Reeve once said, "A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles." So, let's all take a moment to appreciate the heroes in our lives.

Thanks for listening, and have a Tremendously Brave Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

