

October 7, 2024

Rise and shine, I.S.201! This is William Chen from class 752 here speaking to you for today's Motivational Monday on behalf of the S.E.A.L team.

Did you know that today is National Forgiveness and Happiness Day? Today is a great reminder for us all to let go of grudges and focus on what makes us happy. Forgiveness is a powerful way to bring peace into our lives, and happiness often follows when we choose to forgive.

As Mahatma Gandhi once said, "The weak can never forgive. Forgiveness is the attribute of the strong."

So today, let's be strong, forgive someone, and spread happiness wherever we go.

Thanks for listening have a Mending Heart Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team
Positivity is our dream
We teach it every day
To help others live the optimistic way
We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

