



January 2026



I LEAD WITH PEACE AND PURPOSE AND I...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Stand firm in truth and fairness.	2 Spread kindness wherever I go.	3 Help others rise up with dignity.
4 Build bridges, not walls.	5 Treat all people as equals.	6 Never give up on what's right.	7 Imagine a better world and work to create it.	8 Believe in the power of nonviolence.	9 Use peaceful actions to make things better.	10 Speak with honesty and hope.
11 Help others feel included.	12 Believe everyone should have equal chances in life.	13 Work with others to create fairness and unity.	14 Am proud to stand up for others.	15 Matter.	16 Believe that change starts with me.	17 Choose courage over fear.
18 Lead by example, not by force.	19 Work for peace in my school and community.	20 Treat others the way I want to be treated.	21 Listen before I speak.	22 Help others feel safe, heard, and valued.	23 Stand up when I see something wrong.	24 Believe one voice can make a big difference.
25 Choose kindness in every situation.	26 Dream of a world where everyone is treated equally.	27 Use my words to build peace and understanding.	28 Stand up for what's right, even when it's hard	29 Believe love is stronger than hate.	30 Treat all people with fairness and respect.	31 Use peace to solve problems, just like Martin Luther King Jr.



Martin Luther King Jr. (January 15, 1929)

Martin Luther King Jr. led peaceful protests to fight for equal rights for African Americans. He gave powerful speeches, like 'I Have a Dream,' and believed in solving problems without violence. His courage and kindness helped change the world.