

February 24, 2025

Rise and shine, I.S.201! This is William Chen of class 752 here speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

We are now in the last week of February, which is also America Saves Week! During this week, we are encouraged to take control of our financial habits and how we utilize our money. Although as students, we likely don't have a steady flow of income, which is why we should talk about some ways we could budget our money and save up. The next time you buy something, think about if you really need it, or if it's just a short-term desire. Consider the benefits of the item you plan to purchase and whether it really serves a purpose or not. Then there's controlling how much you spend. Review how much money you're using throughout the week or month and see if you're satisfied with that number. If not, maybe reflect on how you could spend less next time, or how you may be able to earn some of that money back.

Thanks for listening and have a Money-Making Monday!

Affirmation of the Day: I stay committed to my schedule and deadlines

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

