

June 25, 2025

Good Morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

As we begin this second-to-last day of school, let's take a moment to reflect on how far we've come this year. One saying says, "Don't be afraid of change. Every closed door leads to something greater." "The end of one chapter is the start of another." This means that moving forward to another school year can feel bittersweet—the feeling of growing older and having to take on more responsibilities each following year. But let's embrace this change as an opportunity to grow and reflect on this past school year. These memories and cherished moments will be our core memories, providing something to look back on always. Time flies so let's enjoy every moment—whether it's us stressing out over tests we'll eventually take and get over, or being in a fun moment that goes by too quickly. Let's make these last two days count and end the year with joy and gratitude.

Affirmation of the Day: I matter.

Thank you for listening and have a What a Year Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

