

January 9, 2023

Good morning IS 201! I'm Elly from class 751 back with another message on behalf of the SEAL Team.

Although the new year has already started, I feel it's still important to share with you a quote that I'm sure will motivate you for 2023. As said by the author Edith Lovejoy Pierce, "We will open the book. Its pages are blank. We are going to put words on them ourselves. This book is called Opportunity, and its first chapter is New Year's Day."

New Year means new chances and adventures for all of us. Whether last year was successful or not, this year will be your year to try to be the person you've been aspiring to be. New Year also means 12 new chapters, and 365 new pages. Who will be the author? That's no one else but you. You will be the author of your book, because no one will be writing your story but you. You might want to get rid of the bad habits, like procrastination, or learn a new skill, like playing an instrument or sport. It's also ideal to push yourself out of your comfort zone. Maybe last year you weren't brave enough to answer questions in class, or were too shy to join a club. It's not never too late to start now!

With that being said, let's recite the SEAL Team pledge now-

Thank you for listening! The SEAL Team and I wish you all a Make-It-Your-Year-to-Succeed Monday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

